

Iowa City High School

Boys Swimming MVC Champions



Year	Name	Event	Time
2023	Joe Polyak	200 IM	1:55.63
2023	Joe Polyak	100 Breast	58.06
2023	John Weigel	100 Free	46.84
2021	Isaac Weigel	200 IM	1:56.22
2021	Isaac Weigel	100 Free	46.82
2020	Forrest Frazier	100 Breaststroke	56.25
2020	Forrest Frazier	100 Freestyle	47.92
2019	Isaac Weigel	200 Free	1:46.18
2018	Forrest Frazier	100 Breaststroke	57.22
2018	Forrest Frazier	200 IM	1:53.39
2017	Forrest Frazier	100 Backstroke	53.00
2017	Forrest Frazier	200 IM	1:56.69
2017	Forrest Frazier, Louis Stephan, Eric Thomas, Mickale Sadecky	200 Medley Relay	1:40.88
2011	Colin McAllister	500 Free	4:42.39
1995	Kamden Draper	50 Free	22.63
1995	Kamden Draper	100 Free	49.15
1994	Matt Hamer, Kamden Draper, Jacob Everhart, Victor Sosa	200 Free Relay	1:30.67
1994	John Herr, Kamden Draper, Jacob Everhart, Victor Sosa	400 Free Relay	3:20.46
1993	Jacob Everhart	100 Free	48.47
1993	Ryan Jackson, Matt Hamer, Victor Sosa, Jacob Everhart	200 Medley Relay	1:42.31
1992	Jacob Everhart	100 Free	50.04
1991	Ryan Jackson, Todd Hamer, John Woodard, Jim Lee	200 Medley Relay	1:43.87
1991	Jim Lee	200 Free	1:49.84
1991	Jim Lee	500 Free	4:57.35

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Year	Name	Event	Time
1991	Jacob Everhart	100 Free	50.33
1991	Ryan Jackson	100 Backstroke	57.31
1991	Todd Hamer	100 Breaststroke	1:04.39
1991	Ryan Jackson, Jim Lee, Jacob Everhart, Victor Sosa	400 Free Relay	3:24.15
1990	Jim Lee	200 Free	1:49.76
1990	Jim Lee	500 Free	4:55.81
1990	Jose Hidalgo	Diving	447.90
1989	Jim Lee	500 Free	4:55.90
1988	Jim Lee	500 Free	5:03.92
1987	Clint Huddleston	100 Free	50.36
1978	Dirk Wilkening	Diving	409.86