



Iowa City High School Boys Swimming and Diving State Champions

Year	Name	Event	Time
2023	Joe Polyak	200 IM	1:48.94
2023	John Weigel	100 Free	45.19
2020	Forrest Frazier	100 Breaststroke	53.15
2020	Forrest Frazier	200 IM	1:45.96
2020	Caleb Coons, Forrest Frazier, Isaac Weigel, Bryce Edens	200 Medley Relay	1:31.58
2019	Forrest Frazier	100 Breaststroke	55.17
2018	Forrest Frazier	100 Breaststroke	54.16
2018	Forrest Frazier	100 Butterfly	49.10
2011	Cameron Herting	500 Freestyle	4:36.02
2011	Colin McAllister	200 Freestyle	1:42.57
2010	Cameron Herting	500 Freestyle	4:35.42
2009	Cameron Herting	500 Freestyle	4:40.79
1995	Matt Hamer	100 Breaststroke	59.59
1994	Kamden Draper, John Herr, Victor Sosa, Jacob Everhart	400 Freestyle Relay	3:13.38
1991	Jose Hidalgo	Diving	496.70
1990	Jose Hidalgo	Diving	510.40